



UW-Extension Sheboygan County

Community Growth Management Education

Kevin Struck, Growth Management Educator

The Town of Greenbush and the Village of Glenbeulah each **adopted 10-year updates to their respective comprehensive plans**. Greenbush is a town of mostly state forest, marsh lands, and farmland, with a small population center in the hamlet of Greenbush, home to Old Wade House State Park. The town's population is 1,534 (not including Kettle Moraine Correctional Facility). Glenbeulah is a small village, population 456, in the northwest part of Sheboygan County that is the unofficial gateway to the Kettle Moraine State Forest.

With update statutory deadlines looming in early 2018, both communities called on Kevin in late 2017 to guide them through the process. Local officials were not sure exactly what was required for an update to a comprehensive plan or how to go about it. Kevin met with each community's plan commission and board and explained the following three different approaches he had used in other communities:



Glenbeulah is one of the few small villages in the area that has had new home development in recent years.

- 1) Total Update.** [e.g., City of Plymouth]
PROJECT: Update every paragraph, photo, table, map, and goal/objective/policy that is out of date in the existing plan.
RESULT: Essentially a new plan that entirely replaces the previous one. This is useful if a community has undergone or anticipates a lot of change.
- 2) Enhanced Addendum to Existing Plan.** [e.g., Town of Wilson]
PROJECT: Existing plan remains in use "as is." An addendum to the plan is created that focuses on 1-7 major issues and updates key data and maps in the existing plan. The addendum supersedes the existing plan wherever the two documents overlap or are inconsistent.
RESULT: The addendum does not entirely replace the existing plan—it adds to it and complements it. This is useful if a community has undergone little change but still has issues it would like to address.
- 3) Basic Addendum to Existing Plan.** [e.g., Town of Herman]
PROJECT: Existing plan remains in use "as is." An addendum to the plan is created that updates key data and maps. The addendum supersedes the existing plan wherever the documents overlap or are inconsistent.
RESULT: The addendum does not entirely replace the existing plan—it adds to it and complements it. This is useful when there is very little change.

Both Greenbush and Glenbeulah chose Option #3 and worked with Kevin over four-month periods to create their updates. They were grateful they didn't have to redo their entire comprehensive plan.

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Family Living and FoodWise

Jane Jensen, Family Living Educator

The **Family Caregivers Coalition** in Sheboygan County was co-founded by Jane with the Aging and Disability Resource Center. She continues to co-lead the coalition. The mission of the coalition is to identify, recognize, support, and enhance the role of those affected by caregiving through 1) community outreach, 2) education, 3) peer support, and 4) shared resources in order to help family caregivers thrive.

The recent annual report indicated that **216 family caregivers and 60 community organizations are current members**. The focus groups that Jane conducted identified a number of ways the coalition can continue to serve the current and emerging needs of family caregivers. These were implemented through four community education events, a quarterly newsletter mailed to all family caregiver members and electronically shared with organizational members, several events that allow family caregivers and their care recipients to learn and socialize in a safe environment, as well as resource sharing through the organizational website and written materials. There are no membership dues and programs are sustained through shared skills and resources of the members.

Amanda Miller & Janeth Orozco, FoodWise

A Glance at State-Wide Impacts and Outcomes of the FoodWise Program

FoodWise is a UW-Extension program that offers evidence-based nutrition education to SNAP (Supplemental Nutrition Education Program) participants in Wisconsin. It helps people lead healthier lives and become more self-sufficient by teaching how to spend food dollars wisely, choose nutritious foods, and be food safe.

The federally funded program serves community members of all ages, from pre-school to senior adults. The FoodWise mission is to advance healthy eating habits, active lifestyles, and healthy community environments for low-income families through nutrition education at the individual, community, and systems level.

In FY2017, the state FoodWise program reached 82,069 participants in 65 counties, taught at 1,078 sites, collaborated with 62 community health coalitions, and supported 148 community partners.

- 88% of all youth and adults stated the intent to eat more fruits & vegetables following FoodWise lessons.
- 79% of all adults stated the intent to use at least one food resource management strategy (budgeting) following FoodWise lessons.
- 60% of parents and teachers reported that children/students were eating more vegetables as a result of the FoodWise lessons.
- Adults decreased their consumption of sugar-sweetened beverages by 13%, as a result of FoodWise lessons.



The Sheboygan County FoodWise is proud to have contributed to the impacts and outcomes listed above. For more information contact Amanda at (920) 929-3174.

UW-Extension Sheboygan County

4-H Youth Development

Sarah Tarjesson, 4-H Youth Development Educator and Linda Robson, 4-H Youth Development Program Coordinator

Decision-Making

As tomorrow's leaders, youth need to know how to make safe, thoughtful, and wise decisions. Most youth are challenged by **making healthy decisions** for many reasons including:

- A lack of experience, knowledge, or sense of control needed to come up with alternative choices;
- There is more focus on the social reactions of their peers when deciding to engage in or avoid risky behaviors; or
- They are driven and influenced by their emotions and fail to use decision-making processes.

Decision-making becomes increasingly important during adolescence as one develops a greater sense of self and encounters more choices independent of adults (although they will likely still consider the opinions of parents, role models, and educators). Young people need to be empowered to make the best choices possible, as the decisions they face may not only drastically affect their present but also their future. Adults can help youth develop their decision-making skills by providing them with opportunities for choice selections and by being available as a mentor. As a result, students will become more confident in their decision-making. Decision-making is the process of choosing what to do by considering the possible consequences. Having good decision-making skills helps build character for life in all facets of life.

Throughout the year, 4-H Youth are involved in multiple opportunities to make decisions and plan for upcoming events, opportunities to travel, projects to work on or serve in. These are critical times for the youth in the program to not only understand that it takes time to prepare but **good organization** often includes others in the process of gathering information, utilizing skills and talents, and actually implementing the plan.

Citizenship Development

Sarah recently facilitated a workshop for nonprofits and government officials on effective use of Robert's Rules of Order. Participants in the Parliamentary Procedure Workshop included representatives from Sheboygan County United Way, Oostburg Board of Education, local Town Boards, a Representative from the state legislature, and local 4-H Program volunteers. 100% of participants (n = 15) indicated that they agreed or strongly agreed with the statement that their understanding of the benefits of Robert's Rules of Order increased. In addition, 100% of participants agreed or strongly agreed that they learned a variety of ways to help a group make a decision, understand the variety of motions used in Robert's Rules and understand the variety of methods used for voting and when to use each. One participant indicated that the workshop was "Very helpful for multiple types and levels of meetings."

Expanding Access

Sarah recently met with potential partners at Seton Catholic School and Jefferson Elementary. Plans are underway to begin 4-H Afterschool programming with these students in the 2018-2019 school year. Both of these schools are part of Census Tract #5 and include youth of diverse race, ethnicity, and low economic status. 4-H has a responsibility to reflect the population demographics, diverse needs, and social conditions of our entire community. These efforts will provide positive youth development opportunities for all young people to grow and develop leadership, citizenship, and life skills through our program.

UW-Extension Sheboygan County

Agriculture and Natural Resources

Mike Ballweg,
UW-Extension Agriculture Educator

2018 Agronomy Day Brings University of Wisconsin Specialists to the Sheboygan County Area.

Approximately 125 area farmers and industry agronomists attended the **2018 Agronomy Day** to learn about cropping systems research to improve crop profitability while protecting our soil and water natural resources.

UW-Madison / UW-Extension faculty presenting at the **2018 Agronomy Day** program included: Dr. Damon Smith, Field Crop Plant Pathologist; Dr. Shawn Conley, Soybean & Small Grain Specialist; and finally Dr. Ed Hopkins, Assistant Wisconsin State Climatologist.

A grain crops Market Outlook was provided by Naomi Blohm, Senior Market Advisor, Steward-Peterson Group, West Bend.

Ninety-eight percent (98%) of **2018 Agronomy Day** survey respondents rated the overall quality of the program as either **excellent** or **good**. Ninety-eight percent (98%) said they would like another Agronomy Day Program in 2019.



Thursday's event was organized by Michael Balweg, UW-Extension agriculture agent for Sheboygan County.



Richard Back of Sheboygan Falls signs in with Nancy Brown (left) and Tammy Zorn of the UW-Extension staff.



Damon Smith, a plant pathologist from UW-Madison, offered ideas for managing crop diseases.



Michael Krier (left) and his dad, Jeff Krier, stop at the County Visions Cooperative table, where they visit with agronomist Mike Kuffel (right).

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