

GOLDNOTES

University of Wisconsin-Madison Division of Extension Sheboygan County Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900

SUMMER HAS ARRIVED!!!

Volume XXXVI, Issue 4
August, 2019

Inside this issue:

Coming Events 2

Staffing Changes at Extension 2

Cultural Arts 2

Member to 2

Cancer Pillows 3
Fair Booth 3

Fair Booth 3

July Board Minutes 4-1

Barn Quilts of Sheboygan County 6

Note from Jane 6

Powerful Tools for Caregivers

Who Says, All I do is Look at the Four Walls

Save the Date 7

6

Registrations 7

Summer has arrived. The gardens are planted and some of us are enjoying the harvest. The flowers in the flowerbeds and pots are beautiful and bright. We need to enjoy this season even though we may have hot days and storms.

If you have not registered for State Conference in Manitowoc, please consider it. Even if you come only for Tuesday. Tuesday is the day with great workshops, wonderful lunch and supper and a great speaker. You will meet a lot of new people. Please let's have attendance high from Sheboygan County.

I am so very proud of our Executive board. They have stepped up in more ways than I can say. You should be proud of them. The annual meeting is coming up and we will need a representative from every club. Please consider being that special person to help our organization.

Now think and reflect on this thought... take a cup of coffee or your special beverage.... go out on your deck or front porch...talk with your neighbors or enjoy the silence... enjoy the sunset or sunrise. Enjoy life!!!!! Have a great summer and see you at the Sheboygan County Fair.

Carolyn Dreier
Sheboygan County HCE President
920-627-2739 cell

2019 Sheboygan County
Association for
Home & Community Education
Officers

Carolyn Dreier President

Kathi Bonde Vice President (Program)

Julie Boedecker & Joyce Kuhlow Co-Secretaries

Nancy Cherney Treasurer

> Newsletter Edited By: Carolyn Dreier, Joyce Kuhlow & Jane Jensen Thank you for all of your help.

UW-Extension e-mail addresses: jane.jensen@wisc.edu

tammy.zorn@wisc.edu

Sheboygan County HCE Webpage: www.wahceinc.org (click on Links)



Page 2 Goldnotes

Coming Events

Monday Executive Board Meeting Sept. 9 4:15 p.m.

Extension Meeting Room 5024

Monday Barn Quilts of Sheboygan Co. Sept. 9 7:00 p.m.

Extension Meeting Rooms 5020-5022

Sept. WAHCE Conference
16-18 Holiday Inn
Manitowoc

Monday Member to Member October 14 Annual Meeting 6:00 p.m.

Extension Meeting Rooms 5020-5022

Wednesday HCE Southeast District October 23 Meeting

Extension Meeting Rooms 5020-5022

Be sure to check your program book for other upcoming dates.

Staffing Changes at Extension

Due to the need to restructure Extension to create efficiencies, Ann Herzog's last day with us was on Tuesday, June 25th. Ann offered a significant amount of support for HCE over many years. We will provide our very best in supporting your group in the future. Please contact Tammy Zorn, tammy.zorn@wisc.edu, 920.459.5900 for support with HCE. Please be patient as Tammy has graciously agreed to take on new responsibilities.

Cultural Arts Reminder

Those members with items from Cultural Arts Show chosen to go to State in September at Manitowoc, should be brought to the Extension Office by September 3.

Don't forget you can always start a project now for the show in May.

Good Luck Peggy Berchem, Chairperson

Member to Member/Annual Meeting

October 14, 2019 @ 6:00 PM

Hosted by District IV Franklin and Howards Grove Domestics

Theme will be "Thanksgiving"

Each club or individual member is to submit to Tammy two recipes by September 1, 2019

One recipe is for Thanksgiving leftovers. How do you use up your leftovers?...soups, casseroles, sandwiches, etc.

Second recipe/food item if your family's favorite side dish. What is a staple at your Thanksgiving dinner?

BRING ONE OF THE TWO food items to the meeting. Food items should be small, bite size portions and ready to serve.

We will serve one club/member at a time with the warm/hot food served first.

We will be collecting donations for OPEN DOOR again. See list in February, 2019 Goldnotes for suggested items.

Annual meeting to follow.

Reports by all committee chairmen.

Election of officers ... secretary and treasurer.

Selection of HCE Sheboygan County 2020 project. Choices will be Safe Harbor, Sheboygan County Food Pantry or Samaritan Hand.

Looking forward to seeing all members there.

Volume XXXVI, Issue 4 Page 3

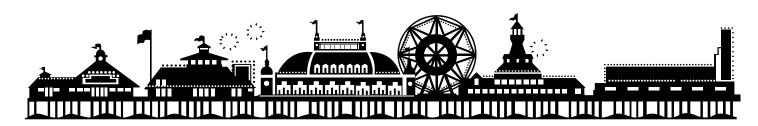
Cancer Pillows

For the past few years Pretty Good Eggs HCE club has headed up the project of making and supplying cancer pillows to the Sheboygan County cancer offices.

This spring a group of HCE members and friends again made cancer pillows for the County. June of 2019 Kay Keyes and Sharon Zimmermann delivered 75 cancer pillows to the Mathews cancer clinic in Sheboygan.

We will make pillows as needed in the future. It can be an ongoing project for HCE.





	2019 Fair Booth Schedule	August 29—September 2		
Thursday 12 - 2	Julie Boedecker	Saturday 4 - 6	Ellen McNeese	
Thursday 2 - 4	Peggy Berchem	Saturday 6 - 8	Kathi Bonde	
Thursday 4 - 6	Sharon Zimmermann	Saturday 8 - close	Kathi Bonde	
Thursday 6 - 8	Peggy Berchem	Sunday 10 - 12	Alice Walter	
Thursday 8 - close	Carolyn Dreier	Sunday 12 - 2	Joyce Hameister & JoAnn Gadicke	
Friday 10 - 12	Judy Diener	Sunday 2 - 4	Ruth Limberg	
Friday 12 - 2	Joyce Kuhlow	Sunday 4 - 6	Carolyn Dreier	
Friday 2 - 4	Marilyn Grotbeck & Rosalie Dunn	Sunday 6 - 8	Kathi Bonde	
Friday 4 - 6	Diann Thomas	Sunday 8 - close	Kathi Bonde	
Friday 6 - 8	Alice Walter	Monday 10 - 12	Peggy Watson & Nancy Wagner	
Friday 8 - close	Carolyn Dreier	Monday 12 - 2	Alice Walter	
Saturday 10 - 12	Judy Diener	Monday 2 - 4	Carolyn Dreier	
Saturday 12 - 2	Marilyn Voskuil & Audrey Voskuil	Monday 4 - 6	Sharon Zimmermann	
Saturday 2 - 4	Phyllis Nyhof			
PLEASE NOTE ONLY ONE COMPLIMENTARY PASS PER TIME SLOT!				

Page 4 Goldnotes

SHEBOYGAN COUNTY HCE EXECUTIVE BOARD MEETING 4:15 - 6:15 PM, MONDAY, JULY 8, 2019 EXTENSION MEETING ROOM 5024



Announcement by Jane Jensen...due to the need to restructure Extension to create efficiencies Ann Herzog's last day with uswas on Tuesday, June 25. Tammy Zorn will be the contact person for Sheboygan County HCE.

Tammy.zorn@wisc.edu

Call to order by Carolyn Dreier at 4:20 pm followed by the Association Creed.

Roll call: Kathi Bonde, Julie Boedecker, Alice Walter, Joyce Kuhlow, Peggy Berchem, Joan Walvoord, Sharon Zimmermann, Kristine Miller, Carolyn Dreier, Rosalie Dunn, Marilyn Grotbeck, Jane Jensen {liaison).

Excused/absent: Nancy Cherney, Ruth Limberg, Elaine McGinley, Marilyn Voskuil, Katchen Ringelstetter.

Secretary's report was read by Julie Boedecker. Motion made by Sharon Zimmermann and seconded by Joyce Kuhlow to approve the minutes. Motion carried.

Treasurer's report was reviewed by Carolyn Dreier. It was noted that Klemme's Wagon Wheel only charged for persons attending. Three people didn't attend and they didn't get refund. People only get refunds if there is death in the family. Motion to approve by Joyce Kuhlowandseconded by Rosalie Dunn. Motion carried.

Reports of officers and Committees:

Cultural & textile arts - Peggy Berchem reporting. There were 22 entries at Rally Day. Those members receiving first place honors need to get their entries to the Extension office by September 3, so they can be taken to the WAHCE meeting for display and judging. A few members are already working on projects for nextyear ... Joyce Kuhlow (Rainbow blanket/quilt crocheted for memory of someone you've lost) and Carolyn Dreier.

Stitches of Love-Julie Boedecker reporting. We received a donation from Regina Malon who is a member of Town & Country Club. It included cancer hat patterns, fabric, yarn and thread. It was delivered by Elaine McGinley and was put to good use. Nancy Cherney bought material and cut patterns for 40 kerchief hats and then had Angie Hofteizer sew them. They were delivered to the 2 cancer centers.

Family & Community Life - Joyce Kuhlow reporting. Joyce is making home visits to people she knows who live alone and may be lonesome. She brings them food and visits with them. She also visits people in nursing homes and takes them for car rides.

Wisconsin Bookworms - Kristine Miller reporting. Books will be arriving the first week in August. All readers received a letter requesting their availability day of week and time of day. Carolyn Dreier shared information she received from the Fond du Lac county HCE at the SE District meeting...trifold pamphlet. Discussion followed. Suggestion to make a bookmark regarding Wisconsin Bookworms to be handed out at the County Fair.

International — Alice Walter reporting. Will learn more at state convention on what and how to make "Days for Girls". This is a trademark project and you must follow their guidelines.

Community outreach - no report.

Marketing/membership-Carolyn is attending a workshop on this subject at the state convention.

Vice President of programming - Kathi Bondi reporting. She has scheduled a tentative speaker for the September, 2020. Speaker will be Katie Krouse on "Environments, Climate Change." Katie approved the \$25.00 she will receive and will schedule for either afternoon or evening. Discussion of opening up meeting to public.

UNFINISHED BUSINESS

Opendoor - 2019 Sheboygan county project - Carolyn Dreier delivered the supplies donated at Rally Day. Donations were well received and we will collect more at Member to Member meeting.

Volume XXXVI, Issue 4 Page 5

Rallyday—wasacompletesuccess. Musicwasenjoyedaswellasgood food. A report was received from Town & Country and will be put on file inbinder for "Rally Day". Suggestions were to eliminate entertainment and focus more on cultural art entries.

Spring Southeast District Meeting on Tuesday, April 23. Carolyn Dreier reporting information she received. To promote membership wear your HCE clothing, name pins, earrings, etc., to other events. Ask former members to rejoin and children and grandchildren of current members to join. HCE will be at Farm Tech days in Waukesha. Sharon Zimmermann volunteered to write article for UPDATE on what Sheboygan County is doing this year. Article to be sent to editor Marcelline Protheroe by October 1. The new brochure will be delivered to Elkhart Lake and Sheboygan Mead libraries by Kathi Bonde and someone needs to deliver to Sheboygan Falls library. (late entry - Julie Boedecker can deliver to Sheboygan Falls library).

Theme for Member to Member, October 14, 2019. Hosted by District IV (Franklin and Howards Grove Domestics). Thanksgiving favorite side dish and what you make with leftovers. Julie Boedecker reporting. Julie will meet with Elverta Reinemann and decide on room setup, beverages, and decorations.

See article in Goldnotes for more information on Member to Member. WAHCE Annual Conference - September 16-18, 2019, Holiday Inn, Manitowoc. Kathi Bonde and Sharon Zimmermann are working on a new trifold poster board for our county to be used at conference.

NEW BUSINESS

2019 Fair booth - Pretty Good Eggs are in charge of setting up and taking down. Fair booth schedule was completed at meeting. All slots need to be filled in before Jane can send to Sheboygan County Fair.

Fall Southeast District meeting here on October 23. Carolyn Dreier reporting. Carolyn is revising the application used for the SE Wisconsin spring meeting. Registration fee will be \$15.00. Sharon Zimmermann and Kathi Bonde will Co-chair the parking lot entries and reserved parking area.

Peggy Berchem will chair the greeters and registration areas.

Nancy Cherney will chair the kitchen and serving food...breakfast and lunch.

Joyce Smies and her club will create centerpieces (10) and door prizes.

Tamara Remington will be guest speaker with \$25.00 donation. Subject - Human Trafficking.

There will be a signup sheet to complete the above committee with needed members at the next board meeting.

2020 County Project ideas. Discussion with 3 finalists...Safe Harbor, Sheboygan County Food Pantry and Samaritan's Hand. These will be voted on at Member to Member Meeting.

Member to Member and Annual meeting. 10/14/2019...Officers for election. President will be Carolyn Dreier for another year. Julie Boedecker volunteered for another/final year...secretary. Nancy Cherney hopefully will continue another year.

Other business - A gift for Ann Herzog's long years of service to the organization was discussed. Carolyn suggested a gift card from VISA or MasterCard.

Joyce Kuhlow made motion to do this and Sharon Zimmermann seconded it. Motion carried.

Goldnotes articles need to be in to Tammy by July 15. Proofreading will be done on July 18 at 1:00 pm, by Carolyn Dreier and Joyce Kuhlow.

September board meeting is September 9 at 4:15 pm. Alice Walter will provide lunch.

Meeting closed with Association Prayer.

Adjournment at 6:30 pm.

Respectfully submitted

Julie Boedecker Secretary Page 6 Goldnotes

Barn Quilts of Sheboygan County

Monday, September 9, 2019 7:00 pm Extension Meeting Rooms 5020-5022

Presenters: Joyce Kuhlow & Kay DePagter

Please join Joyce Kuhlow, Individual Member and Kay DePagter as they share barn quilts in Sheboygan County. Joyce will share the barn quilt calendar she created and Kay will describe how she created her barn quilts and other interesting facts about barn quilts. Preregistration needed by September 3.



Dear HCE Members,

Thank you to all of you for your kind words and support while my husband Wade was ill and I balanced family caregiving with work and other responsibilities. I will be forever grateful to your Executive Board and am so proud of their leadership skills and passion for your HCE organization. Thank you for the generous memorial given in Wade's name. It will be used for a variety of organizations House including Fisher and Palliative/Hospice Unit at Zablocki VA Medical Center

A special thank you to Ann Herzog for being my right hand woman all these years. We worked so well together and I wish her well.

I'll see you at the fair.

Sincerely,

Jane Jensen Ligison/Advisor

Powerful Tools for Caregivers

6 part evidence based educational program for family caregivers (evening series)

Wednesdays, August 7 - September 11 Sharon S. Richardson Community Hospice

Facilitators: Jane Jensen, Extension Sheboygan County

John Martin, Sharon S. Richardson Community Hospice

Paid preregistration required with the Aging & Disability Resource Center, 467-4100.

Who Says, All I do is Look at the Four Walls?

Many people in assisted living, nursing homes, some widows & widowers, living at home might comment to this also. In our busy life, many families both husband and wife work, children go to a sitter, day care or school. Many grandparents are the sitters. It has been said, grandparents live longer when they spend time with their grandchildren.

I have been making extra at meals and bring some to a widow living in her home, and another who is handicapped at home with her husband. Once a week I go to a nursing home to play cards with a resident who is handicapped. They all enjoy someone to talk to.

I would like to challenge each HCE Member to step out of your comfort Zone and do something for someone else. I know many of you are doing something for others, and that is soooo much appreciated. Keep up the wonderful work!! This I believe is what Family and Community Life is about.

Family & Community Life, Joyce Kuhlow

Volume XXXVI, Issue 4 Page 7

SAVE THE DATE

WAHCE State Conference September 16-18, 2019 Holiday Inn, Manitowoc

SAVE THE DATE

Southeast District HCE Meeting Wednesday, October 23, 2019 Hosted by Sheboygan County HCE Extension Meeting Rooms 5020-5022

Barn Quilts of Sheboygan County Monday, September 9, 2019 - 7:00 PM	
Club/Individual Name:	
Names of Members Attending:	
Names of Prospective/Family Members Attending:	
Total number of packets required	
Return to: Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081 Or Call: 920-459-5900 Deadline: September 2, 2019	

Member to Member Annual Meeting Monday, October 14, 2019 - 6:00 PM				
Club/Individual Name:				
Names of Members Attending:				
Names of Prospective/Family Members Attending:_				
Total number of pa	ckets required			
Return to: UW-Extension Sheboygan County, 5 Unive	,			
<i>Or Call</i> : 920-459-5900	Deadline: October 7, 2019			

GOLDNOTES

Newsletter

for

Sheboygan County Association for Home & Community Education

"Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Carl O'Connor, State Director, Cooperative Extension, University of Wisconsin-Extension."



Extension Sheboygan County 5 University Drive Sheboygan, WI 53081