



GOLDNOTES

University of Wisconsin-Madison Division of Extension Sheboygan County
Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900

VOLUNTEERS ARE GREAT!!!



Volume XXXVI, Issue 5
September, 2019

Inside this issue:

| | |
|------------------------------------|-----|
| Coming Events | 2 |
| Note from Jane | 2 |
| Stress & Resilience | 2 |
| Member to Member/Annual Meeting | 2 |
| 2019 HCE Special Project OPEN DOOR | 3 |
| Cultural Arts | 4 |
| Barn Quilts of Sheboygan | 4 |
| 2019 Fair Booth | 4 |
| HCE Book Club News | 5 |
| September Board Minutes | 5-6 |
| Registrations | 7 |

Volunteers make an organization flow. All organizations can not function with out them. I volunteer for a hospice and love it. I volunteer for HCE as do a lot of you. We volunteer at church and maybe at food pantries or schools. All volunteer positions are rewarding in their own way.

Sometimes before we take on this task, we ask ourselves, can I do this and am I capable? My answer to you is yes you can and yes you are capable. Also remember that as you take on this volunteer position, you are not doing it by yourself. There are all people around you to help you and answer your questions.

When I took on the position of HCE county president, I was scared to pieces. I thought I am so busy how can I do this also. I then looked around the table and realized that they also were just as busy as I was, if not busier. I learned a lot about the board. They were all there to help me and I knew I could always ask them questions. They are the best!!!!

With the new HCE year coming up, there are a lot of positions in your club's officer positions that may be open to you. There also may be some representative positions on the county board level. Again, I remind you that you are never alone. You may surprise yourself as you bring new ideas and increase your own confidence.

I challenge ALL of you to take an office or position. I know all of you as very great ladies with big hearts. Please take this time to look within yourself to volunteer for one of the needed positions in your club or executive board. We have the best ladies around!!!!

Thank you to all the members that volunteered at the fair booth, volunteered for the board and club positions, the fall conference help and so much more. You are great!!!! See you at Member to Member.

Carolyn Dreier
Sheboygan County HCE President
920-627-2739 cell

2019 Sheboygan County Association for Home & Community Education Officers

Carolyn Dreier
President

Kathi Bonde
Vice President (Program)

Julie Boedecker & Joyce Kuhlrow
Co-Secretaries

Nancy Cherney
Treasurer

Newsletter Edited By:
Carolyn Dreier, Alice Walter & Jane Jensen
Thank you for all of your help.

Extension e-mail addresses:
jane.jensen@wisc.edu
tammy.zorn@wisc.edu

Sheboygan County HCE Webpage:
www.wahceinc.org (click on Links)

Important
Message

Office Phone Number Change

Call 459.5900 (Extension Main Number)
or 459.5904 (Tammy's direct line)
Please Delete 459.5902



Coming Events

**Monday
October 14** **Member to Member
Annual Meeting**
6:00 p.m.
Extension Meeting Rooms 5020-5022

**Wednesday
October 23** **HCE Southeast District
Meeting**
Extension Meeting Rooms 5020-5022

**Monday
November 11** **Stress and Resilience
Meeting**
7:00 p.m.
Extension Meeting Rooms 5020-5022

Be sure to check your program book
for other upcoming dates.



**Mark
Your
Calendar**

» UPCOMING EVENTS

Note From Jane

Dear HCE Member,

Thanks for your continued patience & understanding as we continue to adjust to staff restructuring & my reengagement after being on leave. Please continue to support Carolyn as your new president & Tammy as she learns about HCE. Together we make a great Team.

Liaison/Advisor
Jane Jensen

**Stress and Resilience
Monday, November 11, 2019
7:00 PM**

**Extension Meeting Rooms 5020/5022
Presenter: JoAnn Gadick, Franklin HCE**

Join JoAnn as she presents Stress and Resilience, the Educational Program from the WAHCE Conference. You will learn new definitions for stress and resilience, gain a better understanding of how the body and brain interact, and practice creative ways to build mental/emotional strength.

Preregister by November 4th.

Member to Member/Annual Meeting

October 14, 2019 @ 6:00 PM

Hosted by District IV Franklin and Howards Grove Domestics

Theme will be "Thanksgiving"

Each club or individual member is to submit to Tammy two recipes by September 1, 2019

One recipe is for Thanksgiving leftovers. How do you use up your leftovers?...soups, casseroles, sandwiches, etc.

Second recipe/food item if your family's favorite side dish. What is a staple at your Thanksgiving dinner?

BRING ONE OF THE TWO food items to the meeting. Food items should be small, bite size portions and ready to serve. Remember to bring any needed serving utensils.

We will serve one club/member at a time with the warm/hot food served first.

We will be collecting donations for OPEN DOOR again. See list on page 3.

Annual meeting to follow.

Reports by all committee chairmen.

Election of officers ... secretary and treasurer.

Selection of HCE Sheboygan County 2020 project. Choices will be Safe Harbor, Sheboygan County Food Pantry or Samaritan Hand.

Looking forward to seeing all members there.

**2019 HCE Special Project
OPEN DOOR
817 N 8th St, Sheboygan, WI
920-783-6801
Hours - Monday, Wednesday, Friday 9-4
Through September 25, 2019**

Monday is a good day to bring a meal in for clients.

Wednesday - Clients are served bag lunches

Friday - Clients are provided snacks and they have a cooking class.

OPEN DOOR will close after September 25 for 2 weeks and reopen October 14 as Grand Re-opening, 5 days a week 9:00 am - 4:00 pm.

Please note that they will not be taking any clothing. They have discontinued their clothing closet. Their only clothing donations will be new gloves, hats and socks to be used as Bingo prizes.

List of supplies areas follows:

- Personal hygiene items - soap, shampoo, toothbrush and toothpaste, deodorant, floss, mouthwash, liquid hand soap, paper towels, toilet paper.
- Kitchen supplies - paper plates, plastic utensils, disposable cups, zip top bags (all sizes), napkins, condiments for sandwiches (ketchup, mayo, hot sauce, yellow mustard, spicy brown mustard, ranch), coffee, tea, hot chocolate (fall/winter), ice tea mix (spring/summer).
- Food -
 - *Nonperishable items for our emergency food supply kept in basement (canned veggies, canned fruits, canned tuna, canned chicken, mac & cheese, peanut butter, jelly, noodles, etc.)
 - *Items for monthly baking group/treat day (cake mix, frosting, brownie mix, etc.)
 - *Homemade treats or meals to serve for lunch or snacks (not needed on Wednesdays) i.e. cookies, casseroles, bars, pies, cakes, subs, etc.
- Snacks - variety of purchased snacks - individual or large volume containers (chips, pretzels, crackers, nutty bars, cereal bars, crackers with cheese, granola bars, etc.)
- Bottled water
- Office Supplies - printer paper, notebooks, sticky notes, thumbtacks, scotch tape, rubber bands, stamps.
- Bingo/Walking Group Prizes - gift cards, new items, deck of cards, body washes, men's razors, stuff people would like to win! .
- Bus tokens/passes
- Tissues
- Disinfecting wipes
- Activity supplies - adult coloring books, crosswords, puzzle books, Sudoku, word search.

Cultural Arts Show

Congratulations! The following Cultural Arts entries were given the following awards recently at the HCE State Conference in Manitowoc, September 15-18, 2019. There were 413 cultural arts entries.

3. Sewing - Useful item, Mary Olson - Placemats - **2nd**
4. Knitting - Phyllis Nyhof - Rug - **2nd**
5. Crocheting - Nancy Wagner - Baby Afghan - **1st**
7. Handcrafted Toy - Kris Miller - Large Bookworm - **1st, medallion**
8. Heritage Skill - Elaine McGinley - Weaving - **1st**
9. Pieced Bed Quilt - Ann Meyer - **1st**
10. Lap Quilt - Rosemary Anderson - **2nd**
11. Quilted Wall Hanging - Rosemary Anderson - **2nd**
12. Table Topper - Mary Olson - **2nd**
15. Painted China Vase - Peggy Berchem - Hummingbirds & Hibiscus - **1st**
16. Poem - Myra Eischen - Our Home - **1st**
19. Bonus Category - Hattie's HCE Hat - Town & Country Club - **participant with 25 entries.**

The above items can be picked up at the Extension Office. It was very exciting to see the medallion Bookworm entry!

Remember there is time to start a project now or finish one.

Thank you to my helpers Carolyn Drier & JoAnn Gadicke!

Peggy Berchem, Chairperson



2019 Fair Booth



September Barn Quilts Meeting

Left to right: Joyce Kuhlman, HCE member holding a completed barn quilt on a 2020 calendar & Kay DePachter showing a quilt on graphic paper before she paints the quilt for the barn. Program was enjoyed by all!



HCE Book Club News- Nancy Wagner & JoAnn Gadicke

Our next book we will be reading is *Educated* by Tara Westover. She was born to Mormon fundamentalist parents in Idaho, the youngest of seven. Her father Gene was the prophet of their small family, convinced the world was going to end at the stroke of the millennium. He does not believe in sending his children to school, but does believe that dairy products are sinful, owing to a message from God. "Isaiah doesn't say which is evil, butter or honey," is how he delivers the good news. "But if you ask, the Lord will tell you!" Tara Westover was seventeen the first time she set foot in a classroom.

It is an unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University.

We will be meeting at Glas (The Green Coffee House) at 924 N. 14th Street on Wednesday, November 6th at 11:30 a.m. in the conference room. Please order your lunch as you come in. We ask that each of you think of a couple of questions for the discussion of the book.

If anyone wishes to join the discussions we are always happy to have additional participants.

Hope to see you there!

SHEBOYGAN COUNTY HCE EXECUTIVE BOARD MEETING MONDAY, SEPTEMBER 9, 2019, 4:15 - 6:30 pm EXTENSION MEETING ROOM 5024



Call to order by Carolyn Dreier at 4:15 pm followed by the Association Creed.

Roll call, present: Carolyn Dreier, Kathi Bonde, Julie Boedecker, Nancy Cherney, Alice Walter, Ruth Limberg, Kristine Miller, Joyce Kuhlow, Peggy Berchem, Sharon Zimmermann, Marilyn Voskuil, Joan Walvoord, Marilyn Grotbeck, Rosalie Dunn, Elverta Reinemann, and Jane Jensen (liaison).

Absent: no one

Secretary's report was read by Julie Boedecker. Motion made by Joyce Kuhlow and seconded by Ruth Limberg to approve. Motion carried.

Discussion of refunding money to member who is unable to attend Rally Day followed. It was reported/stated in by-laws/constitution that refund is permitted. Nancy Cherney said she has only refunded one person in past during her tenure as treasurer. Joyce Kuhlow said refunds need to be approved by board. Other suggestions were to table it for now and review it after member to member meeting. Jane Jensen said any change in the constitution needs to be approved by the membership of HCE giving them 30 days notification before the vote. Final decision - Carolyn gave Nancy Cherney the copy of the constitution. Nancy and Alice Walter will review it for policy on refunding money to people who have paid for Rally Day and then were unable to attend.

Treasurer's report was read. Two transactions.

Report of Officers and Committees

Cultural & Textile Arts - Peggy Berchem reporting. All winners brought their entries to the Extension and Peggy will transport them to the State HCE convention for judging. Peggy will then return them to the Extension office.

Stitches of Love - Julie Boedecker reporting. Received 26 hats from Nancy Cherney....24 pillbox and 2 bucket. Received names at the fair of 2 people who will sew hats.....Mary Clousing and Rosalie Dickman. Nancy will contact them.

Family & Community Life - No report.

Wisconsin Bookworms - Kristine Miller reporting. Books are here. Meeting on Friday, September 20. Her team will read to 180 children.

International - Alice Walter reporting. Will continue as District chairperson. Will attend meeting at state regarding the "days for girls" project. Guidelines are very strict and sewers must use a surger for sewing.

Community Outreach - Kathi Bonde reporting. Current project is Open Door. Open Door will be closed for one week in October. Current list of needs will be reviewed by their staff and published in next copy of Goldnotes. Kathi Bonde showed posters that can be shown at state. Vote taken. Sharon Zimmermann made motion to approve lamination of the posters. Seconded by Nancy Cherney. Motion carried. Discussion of the trifold brochure to be printed and used for future advertising of Sheboygan HCE. Motion was made by Rosalie Dunn and seconded by Marilyn Grotbeck to use the orange "state copy". Motion carried. Twenty copies will be printed for each of the following libraries and delivered by.....Plymouth (Sharon Zimmermann), Elkhart Lake (Kathi Bonde), Sheboygan Falls (Alice Walter), Sheboygan (Marilyn) and Random Lake (Alice Walter).

Marketing and membership - Carolyn Dreier will be attending workshop at the state meeting regarding this.

Vice president of programming - Kathi Bonde reporting. Vote will be taken at member to member.

Unfinished business

Member to member - Julie Boedecker reporting. Had meeting to finalize room arrangement, beverages, table decorations, etc. Article will be in gold notes. District IV in charge. Will have approximately 50-53 attending as guideline for food prep. Sharon Zimmermann donated 6 trays to be used for serving food to members.

WAHCE Annual meeting on September 16-18, 2019, at the Holiday Inn in Manitowoc. There are 11 executive board members attending. If you stay overnight, you need a tax exempt form and letter to get the room discount.

Fall Southeast District meeting, October 23, here at Extension Sheboygan County. There was signup sheet for each committee: Parking and greeting, registration, table centerpieces and door prizes, kitchen and serving. There will be no table favors. Nancy Cherney reviewed the menu/food selections...sub sandwiches. Sign up for fruits and morning breakfast foods....sweet breads, muffins, coffee cakes, etc.

New business

Fair booth had good turnout.

2020 County Project ideas - 3 options to be voted on at Member to Member. Alice Walter will get information regarding Samaritan Hands, Inc. Elverta will get information on Safe Harbor and Carolyn will get information on Sheboygan County Food Pantry.

Election of officers for 2020 will be voted on at Member to Member. Carolyn Dreier will continue as president. Julie Boedecker for secretary and Nancy Cherney as Treasurer. Other members can join the slate. Sharon Zimmermann reported she has already submitted report on Sheboygan County HCE activity to UPDATE.

There was quick review of the 2020 program book for any obvious changes. It will be available in December. Board representatives from the districts are District I - Marilyn Voskuil and Joan Walvoord; District II - Town and Country, To be decided; District III - Sharon Zimmermann; District IV - Franklin - to be decided and Howards Grove Domestics - Nancy Cherney.

Other business

Holiday party will be organized by Nancy Cherney

Goldnotes articles to be submitted to Tammy by September 13 with proofreading on Thursday, September 19, by Carolyn, Alice and Joyce.

Next board meeting on Monday, January 13, 2020, at 4:15 pm. Tentative program for that evening. If program, Nancy Cherney will prepare meal for the board.

Closed with the Association Prayer.

Adjournment at 6:30 pm

Respectfully submitted,
Julie Boedecker, Secretary

**Member to Member Annual Meeting
Monday, October 14, 2019 - 6:00 PM**

Club/Individual Name: _____

Names of Members Attending: _____

Names of Prospective/Family Members Attending: _____

Total number of packets required _____

Return to: Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081

Or Call: 920-459-5900

Deadline: October 7, 2019

**South East District Fall Meeting
Wednesday, October 23, 2019 - 9:30 AM**

Registration Fee - \$15.00 per person, due no later than **October 11, 2019**.

Send one check and one list per club payable to Sheboygan County HCE

Please complete this registration form and send to:
Nancy Cherney, 1133 Whittier Ave, Howards Grove, WI 53083

Club: _____

Amount Enclosed: _____

Names of Members Attending: _____

**Stress & Resilience
Monday, November 11, 2019 - 7:00 PM**

Club/Individual Name: _____

Names of Members Attending: _____

Names of Prospective/Family Members Attending: _____

Total number of packets required _____

Return to: Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081

Or Call: 920-459-5900

Deadline: November 4, 2019

GOLDNOTES

Newsletter

for

Sheboygan County Association for Home & Community Education

"Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Carl O'Connor, State Director, Cooperative Extension, University of Wisconsin-Extension."



Extension
UNIVERSITY OF WISCONSIN-MADISON
SHEBOYGAN COUNTY

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