



JUNE 2020 GOLDNOTES



University of Wisconsin-Madison Division of Extension Sheboygan County
Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900

June, 2020

HOPE ALL IS WELL

Inside this issue:

Upcoming Events	2
Canceled Events	2
Executive Board Meeting	2
Organ Transplant Recipient Program	2
Member to Member and Annual Meeting	3
Note from Jane	3
Thank You	3
Reminders	3
Fair Booth	4
2020 Fair Booth Sign Up	4
HCE Book Club News	4
In Remembrance of Mary Olson	5
Safe Harbor Donation List	6
Registrations	7

Hi to all....This year has been a very different year for everyone. Our HCE has not gotten together as we always have. We have been cautious and stayed at home and now if you go out, you may be wearing masks. Due to the Covid 19 pandemic, there are a lot of changes for our HCE programs and plans.

I pray that all of you are safe and with that in mind, the Goldnotes will reflect a lot of cancellations and our plans for the fall. Please read the complete Goldnotes and do know that more changes may be coming after this Goldnote. With that in mind, I will contact your club president and they will need to continue to keep the members informed. I will contact all the individual members.

Feel free to contact me at any time if you have questions. Please continue to stay safe.

Take care,

Carolyn Dreier
HCE President
920-627-2739



2020 Sheboygan County Association for Home & Community Education Officers

Carolyn Dreier
President

Kathi Bonde
Vice President (Program)

Julie Boedecker
Secretary

Nancy Cherney
Treasurer

Newsletter Edited By:
Carolyn Dreier, Kathi Bonde & Jane Jensen

Thank you for all of your help.

Extension e-mail addresses:
jane.jensen@wisc.edu
tammy.zorn@wisc.edu

Sheboygan County HCE Webpage:
www.wahceinc.org (click on Links)



Find us on
Facebook

Follow the
Extension Sheboygan County
Facebook page.

Lots of great information is
being shared.

Monday **Executive Board Meeting**
July 13 4:15 p.m.
New Hope Methodist Church, Greenbush

Monday **Executive Board Meeting**

September 14 10:30 a.m.

Extension Meeting Room 5024

Monday September 14 **Organ Transplant Recipient - The Gift of Life**
1:30 pm
Extension Meeting Rooms 5020-5022

Thursday **\$15.00 Membership Dues**
October 1 **is due**

Monday **Member to Member/
October 12** **Annual Meeting**
6:00 pm
Extension Meeting Rooms 5020-5022

Be sure to check your program book for other upcoming dates.

CANCELLED EVENTS

RALLY DAY

With the Covid 19, we had postponed Rally day to July 28. Now it has been cancelled due to the restaurant and their unknown regulations of serving family style. Our hopes are that we may have a "Welcome Back" in September if it works out. If that does not work as planned, District III will be in charge of Rally Day again next year in spring.

STATE CONFERENCE & CULTURAL ARTS

State conference has been cancelled. As of last week, there were only 85 members registered for Hudson, WI. With that in mind, the state is discussing that Cultural Arts entries that were ready for this year, may be entered next year. That means that you now have another year to make another entry for cultural arts. Wouldn't it be great if we had a huge amount of entries!!!!

EXECUTIVE BOARD MEETING

Our Executive Board meeting is July 13th, at 4:15pm. The meeting will be held at a member's church. This church is set up for Social Distancing. I still will ask all members to wear a mask if possible. The church is located at:

**New Hope Methodist Church
W7797 Center Ave
Greenbush, WI 53026
(Just south of the Wade House)**

Organ Transplant Recipient - The Gift of Life

Monday, September 14, 2020
1:30 pm

Extension Meeting Rooms 5020/5022
Presenter: Sue Gabsch, Transplant
Recipient

- ◆ HCE members: At your discretion, please wear a mask for the safety of the presenter and others.

Sue received a liver transplant in January 2015. She will be presenting transplant statistics and her own life experiences through the transplant process. She will also discuss the donor process. Please come and learn from someone who has walked the steps of transplant.

******Reminder Bring Safe Harbor items. (HCE's Community Outreach Project)**

This lesson will not be held pending the COVID 19 Virus:

- If UWEX is closed for public meeting usage the meeting will be rescheduled for 2021.
- Recommended to wear a mask.

Because of this issue with COVID 19 and so many events are in question, please note that the lesson in September may not come to fruition but at this time; it will be held.

If not, Presidents will be mailed out a distant lesson for September.

**Member to Member
October 12, 2020**

**Hosted by District I: Lakeview
Quick & Easy Meals - using 4 or less ingredients**

Each club or individual member is to submit two recipes to Tammy by September 1, 2020.

The recipes should include only 4 or less ingredients and also be quick & easy to prepare.

BRING ONE OF THE TWO food items to the meeting. Food items should be small, bite size portions and ready to serve.

We will serve one club/member at a time with the warm/hot food served first.

MEMBER TO MEMBER

Our member to member is planned to be held October 12 at the Extension office. As of right now the Extension Office is closed. With that in mind, unless the office opens up in October, we will not have Member to Member. At this time, I still would like 2 recipes from every club sent in to Tammy Zorn, 5 University Drive, Sheboygan, WI 53081 or tammy.zorn@wisc.edu Please think of Easy Recipes with 3 to 4 Ingredients. District I is in charge of set up, if we have Member to Member. If we don't, you will be in charge next year.

ANNUAL MEETING

Annual meeting will be held in October 12th. We always have it after our Member to Member. We may need to have a virtual Annual meeting. I am asking now for every club to send me the name or names of representatives for your club at Executive Board meetings for 2021. Please realize that a representative is vital as they bring new ideas to the board and the board info is easily taken back to you club. PLEASE SEND ME SOME NAMES!!!!

THANK YOU

I want to thank all the members that mailed the HCE Contribution Report to me. I consolidated the numbers of hours and the money amount donated. These are the results I sent to the state for the state report reflecting Sheboygan County numbers.

Number of members participating: 17 members

Event time spent in hours: 879 hours

Fundraising activity time spent: 31 hours

Community Outreach time spent: 188 hours

Donations estimated \$ spent: \$1,128.00

Thanks again

Carolyn Dreier, County President

REMINDERS

Recognition

Please send in any recognition that your club or club members should receive. Please refer to March Goldnotes for the years that they joined and the form.

SAFE HARBOR

Let's not forget Safe Harbor. Please feel free to donate items to Safe Harbor and take them over on your own or as a club. Don't forget to send in the background check (found in March Goldnotes) if you want to work there in the future.

Dear HCE Member,

Kudos to Carolyn for her leadership and hard work keeping Sheboygan County HCE on track under extraordinary circumstances. We have been in very close contact. Thanks to Kris Miller for her tremendous leadership for the Wisconsin Bookworms early literacy program when the school year ended. Thanks to all of you for your support for your executive board as they exhibit amazing flexibility.

It has been a time of flexibility for all of us. The family caregiver education/support group and educational offerings that I co-facilitate through the Family Caregivers Coalition in Sheboygan County are all being done virtually or as call in opportunities so that all feel safe. I am working with other Extension Educators in the three county area to disseminate current research based resources in the areas of finances, food safety, parenting, family caregiving & aging and self care on a bi-weekly basis for agencies and organizations to share with individuals and families. I am part of a statewide team that is creating a whole series of modules for end of life planning in the areas of finances, advance directives, palliative & hospice care, grief etc. I will also be learning to pilot the Aging Mastery program and am working with another team to create digital shorts in the area of healthy aging. We also will pilot a self care series called Taking Care of You. It has been a time of tremendous learning and growth.

I miss all of you. Please stay safe and we will be together again in the future.

Jane Jensen

FAIR BOOTH

As of right now, the Sheboygan County Fair is still on. Thanks to all that have called me and signed up to work in the booth for 2 hours. If you are a new member and are interested, feel free to call me, as I will put you with someone for your first time. I still need people for some time frames. I would rather call each one of you and tell you the fair is cancelled, than try at the last minute to find some members to fill the slots. If we don't have all slots filled, we will lose the fair booth. District IV will plan the display for the Fair Booth. If there is no Fair, you will be the district for next year. Hand sanitizer and wipes will be provided. Please wear a mask.

2020 Fair Booth Schedule September 3 - September 7			
Thursday 12 -2	Peggy Berchem	Saturday 4-6	Ellen McNeese
Thursday 2-4	Sharon Zimmermann	Saturday 6-8	Kathi Bonde
Thursday 4-6	Alice Walter (no pass)	Saturday 8-close	Kathi Bonde
Thursday 6-8		Sunday 10-12	Julie Boedecker
Thursday 8-close	Carolyn Dreier	Sunday 12-2	Alice Walter (no pass)
Friday 10-12	Joyce Kuhlowl	Sunday 2-4	
Friday 12-2	Carolyn Dreier	Sunday 4-6	Carolyn Dreier
Friday 2-4		Sunday 6-8	Kathi Bonde
Friday 4-6		Sunday 8-close	Kathi Bonde
Friday 6-8		Monday 10-12	Nancy Wagner (Complimentary Pass) Peggy Watson
Friday 8-close	Carolyn Dreier	Monday 12-2	Alice Walter (no pass)
Saturday 10-12	Alice Walter (no pass)	Monday 2-4	
Saturday 12-2	Audrey and Marilyn Voskuil	Monday 4-6	Carolyn Dreier
Saturday 2-4	Phyllis Nyhof		
PLEASE NOTE ONLY ONE COMPLIMENTARY PASS PER TIME SLOT!			

HCE Book Club News- Nancy Wagner & JoAnn Gadick

In our next book titled *The Good Neighbor* Maxwell King reveals Fred Rogers (1928-2003), creator of Mister Rogers' Neighborhood, whose guiding principles of his Christian faith—kindness, acceptance, and unconditional love—underpinned every aspect of his professional and personal life. Arranged more or less chronologically, the story traces Rogers's development from an often sickly and overweight child, subjected to childhood bullying and an overprotective mother. His upbringing, while often socially isolating, provided a rich environment for the development of his creativity; he went on to study musical composition and become ordained as a Presbyterian minister. Neighborhood, which ran from 1968 to 2001, was radical for its time, covering war, death, divorce, and other controversial topics honestly and respectfully for children's understanding. Grown-up fans, pop culture enthusiasts, and anyone interested in the history of educational television and child development will be inspired.

We will be meeting at **Glas (The Green Coffee House)** at 924 N. 14th Street on **Wednesday, September 9 at 11:30 a.m.** in the conference room. Please order your lunch as you come in. We ask that each of you bring a couple of questions for the discussion of the book.

If anyone wishes to join the discussion we are always happy to have additional participants. There are also audio books available from the library if you would like to listen to the book rather than read it. Hope to see you there!

In Remembrance of Mary Olson

On a rainy, very windy day, April 29, 2020, our dear friend and fellow H.C.E. member Mary Olson was called to her eternal home. As one of our members said "God had work for her in His garden in heaven."

Mary loved her flowers. Her yard and home were surrounded by many, many, flowers. Every year Mary and Kent hosted a garden walk for all members of the Franklin H.C.E. Club and their spouses. Everyone brought their lawn chair and we sat around in a circle by the pond, listening to the waterfall and surrounded by the scent of flowers. We then walked around the yard looking at all the various perennials; all were usually marked with an identification tag. On the porches were annuals and flowers that needed to be put inside for the winter. All the flowers were beautiful, usually blooming and flourishing. Mary spent many hours maintaining her beautiful yard, watering and fertilizing the flowers she loved. After the tour we were treated to a snack and Mary's famous Root Beer floats. Many of us have hostas, bulbs and perennials that Mary shared with us from her garden.

Mary's love of quilting will never be forgotten. Not just by our club, but all clubs as she brought many articles to Rally Day. The items were voted on by club members and she received many blue ribbons over the years. These articles were then taken to the State Conference where more blue ribbons were received. At the 2008 State Conference Mary received a Merit Award and Best of Show Medallion for the Mariners Compass quilt that she made in shades of blue. She was so happy and could not believe that she had won. Many of our club members have a quilted item that Mary made. We were always happy when she had our name as her secret pal and as a Christmas gift we received a table runner or wall hanging that Mary had quilted. These cherished items will remind us of Mary every time we use them.

Mary was a faithful member of Franklin H.C.E. for 35 years and received her 35-year certificate in 2019 at Rally Day. She served on the County Cultural Arts Committee, was currently serving as club treasurer, served as club secretary in the past and volunteered on numerous club committees including our Christmas party, banquets, and kept track of the Secret Pal listing each year. She attended many educational meetings and participated in the Walking Exercise program, usually being one of the top participants.

Her penmanship was exceptional so when our club made cards to be given to Rocky Knoll, Harvest Home or Sharon S. Richardson Mary was always asked to sign the cards with her lovely handwriting.

In closing, this quote describes our feelings about our dear friend Mary:

Special people never leave us even after they are gone.....

They live in our hearts forever, nothing can ever break that bond.

Submitted by Franklin HCE Club Members



Safe Harbor Donation List

- Paper Towel
- Toilet Paper
- General cleaning spray
- Carpet cleaner
- Feminine products (pads and tampons)
- Magic cleaning erasers
- Dish soap
- Dish washer detergent or pods
- Air fresheners- spray or gel in container
- Laundry detergent or pods
- Facial tissues/Kleenex
- 13-gallon white garbage bags
- Bleach
- Dryer sheets
- Ear plugs
- Pillow cases
- Bath towels
- Brooms
- Mops
- Baby monitors
- Slippers
- Lamps (small in size)
- Bath robes (adult sizes)
- Ear buds (for music)
- Stress balls
- Sponges
- Tote bins
- Laundry baskets
- Over the counter medication- acetaminophen, ibuprofen, cold and cough syrup, cough drops, allergy reliever
- Gift Cards
- Gas Cards
- Plastic to-go containers for food
- Size 5/6 Diapers
- Pull ups for toddlers
- Coloring books
- New twin sheets
- New pillows
- New twin fleece blankets

Food Items:

- Bottled water
- Coffee creamer
- Emergen-C
- Ground Beef
- Juice
- Spices
- Fresh fruit
- Fresh vegetables
- Frozen pizzas
- Cheese
- Deli meats
- Canned fruit
- Cereal
- Butter
- Snack for kids
- Mac n/ Cheese
- Spaghetti-O's
- Canned Ravioli
- Pasta sauce
- Hamburger helper
- Side noodle/rice dishes

Things we are not in need of- furniture, home decorations, used clothes for out of season, office supplies, size newborn-3 diapers, baby wipes, old electronics, carpets, mattresses

In Spring Safe Harbor could use volunteers for:

- Painting
- Kitchen cleaning
- Yard work—mulching
- Making tie blankets
- Make Quilts

Any further questions or to volunteer call our phone line at (920) 452-7640 and talk to Ryan, his extension is 311 and he is the Community Engagement Specialist.

Note: All items should be new.

Organ Transplant Recipient - The Gift of Life

Monday, September 14, 2020 - 1:30 PM

Club/Individual Name: _____

Names of Members Attending: _____

Names of Prospective/Family Members Attending: _____

Total number of packets required _____

Return to: Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081

Or Call: 920-459-5900

Deadline: September 8, 2020

Member to Member/Annual Meeting
Monday, October 12, 2020 - 6:00 PM

Club/Individual Name: _____

Names of Members Attending: _____

Executive Board Representative(s) for Club: _____

Names of Prospective/Family Members Attending: _____

Total number of packets required _____

Return to: UW-Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081

Or Call: 920-459-5900

Deadline: October 7, 2019

GOLDNOTES

Newsletter

for

Sheboygan County Association for Home & Community Education

"Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Carl O'Connor, State Director, Cooperative Extension, University of Wisconsin-Extension."



Extension
UNIVERSITY OF WISCONSIN-MADISON
SHEBOYGAN COUNTY

Extension Sheboygan County
5 University Drive
Sheboygan, WI 53081