

# **DECEMBER 2022 REPORT**

## YOUTH DEVELOPMENT



**Positive Youth Development** prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the handson experiences they need to develop an understanding of themselves and the world.

#### Positive Youth Development

Lisa Sanderson, Positive Youth Development Educator

Lisa Sanderson and Sheboygan United collaborated with Sheboygan Food Bank, St. Luke's Church, and Community Cafe to coordinate a resource fair at their November 11th free community lunch. Participating organizations were asked to bring supplies according to a needs list provided by Liz Nack Kroll, Senior Director of Programs and Community Impact at the food bank. Our guests, which included new participants from Health and Human Services, brought blankets, hats, WigWam socks, hygiene wipes, condoms, mints, snacks, water, and other useful items to share in addition to their organizational resources. Liz shared that her guests appreciated the presence of the various support organizations and requested that the event be repeated. We will explore opportunities for ongoing collaboration.

#### 4-H

Sarah Tarjeson, 4-H Youth Development Educator

- The Annual 4-H Awards and Recognition Program took place at Acuity Corporate Headquarters on Monday, November 28, 2022, starting with the program at 6:00 p.m. and a reception following. During this program over 90 young people were recognized for their active participation in the Sheboygan County 4-H Program throughout 2021-2022. To be recognized these youth must complete a variety of expectations which include submitting an application and resume; participating in interviews, and references, and of course, participating in a variety of programs throughout the past year.
- The Sheboygan County 4-H Program welcomes anywhere from 60-120 new families to the program each year. In order to provide a welcoming environment and answer any questions that new parents and members have as they get started the 4-H Educators will coordinate a meal and meeting to provide some hands-on fun for learning fundamentals about taking advantage of clubs, county and statewide opportunities throughout the members first year in 4-H.





### AGRICULTURE



If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.

#### Dairy

#### Tina Kohlman, Regional Dairy Agent

- Planning and development for a dairy production management and financial consensusbuilding roundtable in collaboration with Texas A&M University Agricultural and Food Policy Center. The goal of this effort is to gather unbiased and accurate cost of production analysis from dairy farmers so the data can be used to develop a "representative dairy farm" to assist in Congressional farm program and policy development.
- Planning for bi-annual Midwest Manure Summit for farmers, managers, agronomists, engineers, nutrient management consultants, manure haulers, consultants, and other agri-business professionals. The goal of this effort is to teach individuals the latest, unbiased, university-based research on manure handling technologies, so that they can improve environmental sustainability and increase farm business viability.
- A bi-weekly radio interview for farmers, agricultural industry persons, youth livestock, and youth dairy where they learned about extension agriculture related resources, information, and timely webinars to help them to be connected and supported, and make better informed decisions regarding their farm business operations or youth large animal project.

#### **Crops and Soils**

#### Mike Ballweg, Regional Crops and Soils Agent

Private Pesticide Applicator Training/Testing is an Extension educational program required by DATCP for farmers who wish to use a unique category of pesticides in their cropping systems called: Restricted Use Pesticides. Farmers learn about reading and understanding a pesticide label, handling pesticides and personal safety, minimizing the risk to the environment and keeping pesticides on target.

While training is now administered from the State Pesticide Applicator Training office, pesticide applicator testing is administered at the local level within each region. I've worked across county boundaries within the area to coordinate "testing only" opportunities for farmers in each of the four counties, Sheboygan, Ozaukee, Washington and Fond du Lac for farmers who have completed their on-line or self-study training. I've also helped to coordinate an outreach marketing program to inform farmers wishing to participate in one of the regional in-person training and testing dates. Those in-person training and testing sessions will be held in Fond du Lac, Manitowoc, and Dodge counties. Extension support staff in each of the four counties will be handling testing registrations and serving as test site proctors.



# **DECEMBER 2022 REPORT**

## FOOD SECURITY, HEALTHY EATING, AND HEALTHY LIVING



**FoodWIse** advances healthy eating habits, active lifestyles and healthy community environments for families with limited incomes through nutrition education at the individual, community and systems levels. FoodWIse reaches individuals and families through local community partners by providing nutrition classes in-person and virtually, indirect education (newsletters, etc.), and social media/marketing. FoodWIse is an obesity prevention program that addresses policy, system and environmental changes through local and state public health efforts.

FoodWIse is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).

#### Amanda Miller, FoodWIse Coordinator

The Wisconsin Nutrition Standards serve as goals for what students should know and be able to do in the classroom related to nutrition. Although implementing the Nutrition Standards is voluntary, districts may use the academic standards as guides for developing local grade-by-grade level curriculum. The Wisconsin Nutrition Standards were originally published in 2009. Since a review has not taken place since the standards were originally published, a small group of experts convened in August 2021 to begin reviews and revisions.

Janeth Orozco, FoodWIse Nutrition Educator, was invited to serve as part of the writing committee. Some of the changes done to the Nutrition Standards include adding the K-2 grade band to better align to typical elementary, middle, and high school levels. Due to her experience working with younger students, Janeth was able to provide feedback to develop performance indicators that are age-appropriate for the grade level. As part of a small group for the Food, Nutrition and Culture strand, Janeth was also able to provide feedback in order to develop performance indicators that are culturally relevant and appropriate.

In a typical school year, Janeth teaches a series of 5 nutrition education lessons to the kindergarten classrooms at approximately 7-8 elementary schools throughout the Sheboygan Area School District.

To learn more, the final recommendations are here: https://dpi.wi.gov/sites/default/files/imce/ standards/New%20pdfs/NutritionStandards2022-Final.pdf



### HUMAN DEVELOPMENT AND RELATIONSHIPS



The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.

Jane Jensen, Human Development & Relationship Educator

- A series of e-mail communications for community partners where they learn about parenting, relationships, family caregiving, finances and well-being so that they can share the latest resources with their clients. The purpose of this effort is to improve parenting skills, support their family caregiving role and improve their financial skills and their personal well-being.
- A monthly program for family caregivers where participants develop sustainable self-care behaviors in order to maintain their personal physical and emotional well-being through practicing self-care techniques and accessing local resources.
- A training for social workers, home visitors and community agency staff where they learn about financial competency skills. The goal of this effort is to build their knowledge and confidence when engaging clients in financial conversations.
- A series of bi-monthly planning meetings for the Family Caregivers Coalition steering committee where we develop quarterly education, quarterly newsletters, support groups, retreats and caregiver cafes for family caregivers.

Extension UNIVERSITY OF WISCONSIN-MADISON SHEBOYGAN COUNTY

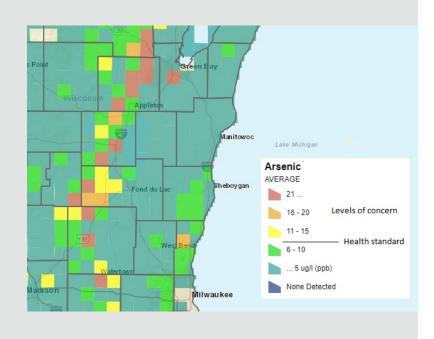
## **COMMUNITY DEVELOPMENT**



**Community Development** provides educational programming to assist leaders, communities, and organizations realize their full potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. We educate in leadership development, organizational development, food systems, community economic development, local government education and much more. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

Kevin Struck, Community Development Educator

Kevin co-hosted an educational session attended by approximately 80 Town of Sheboygan individuals who had participated in a recent well water testing program coordinated by the Sheboygan County Extension Office in partnership with the Center for Watershed Science and Education lab at UW-Stevens Point. Participants heard from a groundwater specialist who explained the basics about groundwater, well construction, potential contaminants, and remediation options. which will help these well owners take steps to protect their water quality. "It was a very, very good presentation," said the deputy director of public utilities for the Town.



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Jane Jensen Human Development & Relationships Educator Mike Ballweg Regional Crops and Soils Agent

Tina Kohlman Regional Dairy Agent

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