



Extension

UNIVERSITY OF WISCONSIN-MADISON
SHEBOYGAN COUNTY

MARCH 2023 REPORT

COMMUNITY DEVELOPMENT



Community Development provides educational programming to assist leaders, communities, and organizations realize their full potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. We educate in leadership development, organizational development, food systems, community economic development, local government education and much more. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

Kevin Struck, Community Development Educator

Kevin handled a variety of requests this past month, including:

- Finding the latest version of land use mapping for Town of Scott officials
- Creating a simple Lyndon/Cascade/Waldo street map for Town of Lyndon DPW
- Creating a solar energy systems ordinance with the Lyndon Plan Commission
- Writing a better definition of “Principle Use” for the Lyndon Zoning Ordinance
- Reviewing new land use Performance Standards with the Lyndon Plan Commission
- Analyzing the impact of removing B-4 Business District from Lyndon Zoning Ordinance
- Mapping road weight limits being considered by Town of Mosel officials
- Providing information on accessory dwelling units to a Sheboygan housing developer
- Guiding Town of Rhine officials on how to interpret their future land use map
- Guiding Town of Lima officials on property rezones within Farmland Preservation
- Guiding Town of Plymouth officials on rezoning options for two properties
- Discussion with DATCP about Sheboygan Falls’ Farmland Preservation recertification
- Updating zoning maps with 2022 rezones for Mosel, Scott, Lyndon, and Sherman



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AGRICULTURE



If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.

Dairy

Tina Kohlman, Regional Dairy Agent

- A moderate and large farm operators round table discussion group in collaboration with Texas A&M Agricultural and Food Policy Center (AFPC), where participants shared and discussed representative financial and production values for dairy farms operations in the region. This effort is designed to collect data to establish a “Representative Dairy Farm”’s financial and milk and crop production values, which will be used to help develop Congressional agriculture programs through scenarios utilizing “real-word” agriculture costs and expenses.
- A dairy production and management newsletter for farmers, managers, employees, and agribusiness professionals, where subscribers learned about non-steroidal anti-inflammatory drugs (NSAIDs) use around calving time; passive immunity and colostrum management in newborn calves; assessing alfalfa winter kill and management practices for winter survival; and Extension dairy production and management resources. This effort was designed to provide a timely and reliable source of dairy management news and updates to help them improve farm business viability, environmental sustainability, and food safety through animal welfare.
- A presentation on fit for transport of calves and market cows for dairy farmers and dairy consultants, where participants learned to identify when an animal should and should not be transported. This effort was designed to improve animal health and well-being, positively impacting a farmer’s ability to be economically viable.



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YOUTH DEVELOPMENT



Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.

4-H

Sarah Tarjeson, 4-H Youth Development Educator

- The 4th H 4-H Club, a middle school Special Interest 4-H Club, will meet four times throughout February on Saturdays (4th 11th, 18th, and 25th) from 10:00 a.m. - Noon at Plymouth High School! The first hour of each “meeting” will focus on physical health while we meet in the Plymouth High School Fitness Center and move your body and strengthen your muscles to achieve the goals set by each individual participant! In the second hour of the program, we will move to the Culinary Arts rooms at the school to focus on nutrition as we make healthy snacks and meals together. Join local educators, community members, older youth mentors, and your 4-H Youth Development Educator, Sarah Tarjeson, each week for fun and fitness! This club is perfect for current 4-H members AND/OR any young person in grades 7 & 8 who is interested in getting the year and their journey in wellness and health started.
- In-person training for 4-H Project Leaders to increase their knowledge of available resources, working with varied learning styles of youth and increasing their ability to support youth in partnership with adults.
- Distributed a monthly newsletter starting in January throughout the year geared for New or 1st Year 4-H Families to introduce various components of the 4-H Youth Development Program, develop a sense of belonging to our organization and build confidence in parents and members as they participate in club and project opportunities.
- Recruitment of youth participants for the 4-H Fine Arts Festival where youth identify, develop and showcase talents in a variety of art forms. Participation in the arts helps students stay in school, increases motivation, improves attitudes and attendance, and improves academic performance.



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YOUTH DEVELOPMENT (CONTINUED)

Positive Youth Development

Lisa Sanderson, Positive Youth Development Educator

Extension Positive Youth Development Educator Lisa Sanderson met with County staff to re-envision a more inclusive, engaging, and youth-centered Youth Government Day. Lisa updated the day's format to provide County staff with thirty minutes rather than ten for their presentations to youth. The event will now take place in one County building instead of three to allow more time for substantive interaction and discussion. Lisa and staff discussed the distinction between youth government day and youth governance day. The latter model is Extension's emphasis and implies that participating youth will be invited to provide input to County staff on actual projects. County staff expressed enthusiasm for this new focus and suggested that youth, for instance, be asked for their input regarding a new subdivision planning project. Youth from Plymouth High School and South High School student groups We Rise (students of color), Gay Straight Alliance, and Peers 4 Peers, as well as civics class students, have indicated they will attend. Bilingual Community Health HHS staff CherPao Vang and Dalila Contreras will provide a session and share the community impact of their new outreach positions with youth. Other participating staff include Laura Henning Lorenz, Ellen Schleicher, Angela Sutkiewicz, Aaron Brault, and County Supervisor Rebecca Clarke. and Debi Schwind. State Program Manager Joe Maldonado will attend the event, the first in person since the pandemic, on April 17.

FOOD SECURITY, HEALTHY EATING, AND HEALTHY LIVING



FoodWise advances healthy eating habits, active lifestyles and healthy community environments for families with limited incomes through nutrition education at the individual, community and systems levels. FoodWise reaches individuals and families through local community partners by providing nutrition classes in-person and virtually, indirect education (newsletters, etc.), and social media/marketing. FoodWise is an obesity prevention program that addresses policy, system and environmental changes through local and state public health efforts.

FoodWise is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).

Amanda Miller, FoodWise Coordinator

The United States Department of Agriculture (USDA) Economic Research Service recently reported that the price of groceries (food at home) has risen over 1% in the past month and more than 7% over the past year. The cost of some foods have risen more rapidly than others, including fish, seafood, eggs, and milk.

Janeth Orozco, FoodWise Nutrition Educator, presented the “Spend Smart, Eat Smart” app and website from Iowa State University Extension to parents at Sheboygan County Head Start/Early Head Start. The lesson included a QR code to download the app directly on the phones. The app and website have numerous resources to help a family with food budgeting, including a unit price calculator, meal planning sheets, food expense tracking tools, and a list of in-season produce. There are also many helpful videos and healthy recipes. This presentation was also a great opportunity to build relationships with the Head Start/Early Head Start staff and parents, since FoodWise also teaches the children in the classroom during the school year.

Many young parents struggle with food budgeting, with lack of time, lack of money, and picky eaters at home. Meal planning can seem intimidating and unrewarding. This class helped parents realize that meal planning does not have to be time consuming. Meal planning is not only for those with unlimited food budgets. And, finally, that meal planning can encourage even the pickiest of eaters to try new foods.

- Updating the Sheboygan County Food Drive 5 Toolkit, which is designed to provide a variety of resources and tools for local food pantries and potential food drive sponsoring organizations. The purpose is to encourage food drives that encourage food safety and nutritious foods.
- Began a new partnership between FoodWise and the Sheboygan Housing Authority to provide nutrition education classes to residents, including older aged adults and families. The goal is to better serve Sheboygan County residents that reside in local housing units.



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HUMAN DEVELOPMENT AND RELATIONSHIPS



The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.

Kimberly Clark, Human Development & Relationship Educator

Kimberly Clark is the new Human Development and Relationship Educator for Sheboygan County. In 2019, she received her M.A. in Education from St. Mary's University in Minneapolis. Prior to becoming a Badger, she was a Razorback from the University of Arkansas in Fayetteville. There she obtained her B.A.S. degree in Family and Consumer Science Education with emphasis in Human Development. Kimberly most recently facilitated educational learning at Fond du Lac High School emphasizing personal skills and financial literacy among other focus areas. Currently residing in Fond du Lac, she and her husband Sean enjoy spending time together by frequently attending live music performances



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Janeth Orozco
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