

FoodWise Programming Update



Amanda Miller



Janeth Orozco

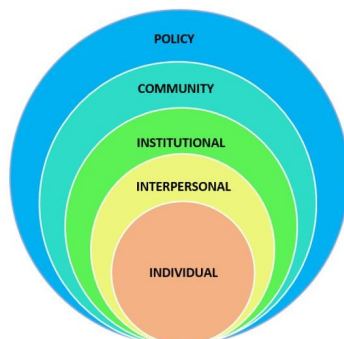


Recent Projects

Extension's Health & Well-Being Staff administer FoodWise, a nutrition education program aimed to improve healthy eating and active lifestyles for families with limited incomes. They also provide support to local community organizations and health coalitions to address local health needs through research-based health promotion and education programs, with a focus on food and nutrition security, chronic disease prevention, and food safety/food preservation.

FoodWise partnered with nearly 40 community agencies to deliver nutrition education to 7,333 contacts during the last program year. The program brings nearly \$230,000 into the local community.

Our Approach



Other Areas of Focus

- Coalition capacity building/effective coalitions
- Food preservation/canning & food safety
- Chronic disease prevention & physical activity

- **Healthy Schools**
 - Offered nutrition education to students in Head Start, kindergarten, 2nd grade and 5th grades
 - Served on the Head Start Health Advisory Committee
 - Partnered with Head Start to offer family events
- **Safe and Healthy Food Pantries**
 - Served on the Anti-Hunger Coalition
 - Provided food banks and pantries with important hunger, food insecurity and poverty resources and updates
 - Offered nutrition and health classes at community meal sites
- **Access to Fresh, Local Foods**
 - Supported farmers market programs, such as electronic benefits transfer (EBT), incentive programs, fruit and vegetable prescription programs, and donations.
- **Healthy Communities**
 - Led the Sheboygan County Activity and Nutrition (SCAN) coalition and activities
 - Provided technical support for the most recent community health assessment (CHA) and community health improvement plan (CHIP)
 - Participated in the Healthy Sheboygan County Leadership Council
 - Planned and facilitated aspects of the Sheboygan Public Health's 4-part community health action team meetings